

COMMUNITY



Hardeep Singh, M.D., M.P.H. is a general internist and Chief of Health Policy, Quality & Informatics Program, Center for Innovations in Quality, Effectiveness and Safety based at the Michael E. DeBakey Veterans Affairs Medical Center and Baylor College of Medicine, Houston. Dr. Singh addressed the 2021 class of the Youth Leadership Development Program recently. YLDP members write about the lessons learned on leadership from Dr. Singh

Tips on leadership

By SHRIYA PENDYALA

A leader takes leaps of faith. A leader is propelled by passion. Most importantly, a leader consistently recites the word “onward.”

On October 31, Hardep Singh, M.D., Chief of the Health Policy, Quality & Informatics program at the Houston VA program as well as an Associate Professor of Medicine at the Baylor College of Medicine spoke to the YLDP class of 2021.

Dr. Singh described his remarkably inspiring journey as a once aspiring researcher who wanted to transform the medical field through his passion for understanding and reducing misdiagnoses in healthcare, eventually fulfilling this ambition through immense perseverance.

As I listened to Dr. Singh speak, one word lingered in my mind during the entirety of his story: resilience.

A leader never ceases to persist. After applying for multiple research grants and receiving consecutive rejections, Dr. Singh recalled feelings of discouragement and contemplated continuing his pursuit in this field of research; however, his immense passion for this subject impelled him to apply for one more grant. Dr. Singh acquired the grant.

Such endurance is a quality every leader possesses. Dr. Singh’s tenacity enabled him to achieve incredible breakthroughs in his field of research regarding identifying and mitigating misdiagnoses in healthcare.

While not all who boast of intelligence may succeed in leadership, those who can wield intelligence in tandem with motivation hold the key to success as a leader.

When an individual is driven to achieve one’s ambitions simply for the passion itself by

approaching failures with optimism, the individual not only inspires oneself but also those around her/him: this is an essential attribute of an effective leader.

Thus, through the experiences recounted by Dr. Singh, our Youth Leadership Development Program was enlightened on the authentic attributes of a truly exceptional leader.

Becoming a leader

By ANISHA GIDH

When we think about applying for a job we always remember to bring our resume, a list of our many, or not so many accomplishments and experiences.

What if I said that the most important part of your interview wasn’t actually important in your workplace at all.

Hardeep Singh, M.D., from the Baylor College of Medicine stated that experience wasn’t important when trying to become a leader or just a regular employee in the workplace.

To be a great leader you need to have other valuable qualities such as being emotional intelligence, hardworking, and being able to properly communicate with your team.

With these skills in mind, a leader has to learn to foster a culture of leadership in order to evoke these valuable qualities in those around them so they can go onto be leaders.

Another important task needed in order to instill a sense of leadership in the workplace is to broaden the scope of work as Dr. Singh had conveyed in his remarks.

When taking the path to try to become a leader, one has to realize that it is a long and arduous path. This fact applies to Dr. Singh as well, his own path to becoming a leader was a long and difficult path.

Dr. Singh had first wanted to become a cardiothoracic surgeon, but soon realized he didn’t want to go down a surgeon’s path after entering medical school.

Next he decided to do clinical work but soon found his true calling in research. His path shows us that leadership in a field can only be reached if you’re passionate about the field in which you are in.

The path to leadership is never the same for anyone, but that is what makes a leader a true leader, these experiences help us achieve a better understanding of how to be a leader.

By the end of YLDP’s second meeting we have all taken one step further down the path to becoming a leader.

ICC Nomination Form for Board of Directors Position

(Last date to receive applications: Dec 6th, Election: Dec 13th, 2020)

Election for Directors (7 positions for 2 year term & 1 position for 1 year term) & Trustees (2 positions for 3 year term)
For more information, visit www.icchouston.tx.org

Section 1 --- to be completed by nominator ---

I nominate _____ for the ICC Board of Director position
Nominator: (Has to be a current ICC BOD or Trustee): BOD _____ Trustee _____

Name (print)	Email
Signature & Date	Address

Section 2 --- to be completed by the person who Seconds ---

Seconded by:

Name (print)	Email
Signature & Date	Address

Section 3 --- to be completed by nominee ---

I, _____ accept this nomination.
I agree to abide by the ICC Bylaws and will disclose any conflict of interest prior to the election.

Nominee:

Name (print)	Email
Signature & Date	Address

Are these three people related? If yes, explain how: _____

Mail Nomination Form and a check in the amount of \$25 to:
Jawahar Malhotra, Member, Election Committee, 12207 Westmere Dr, Houston, Texas 77077
Phone: (713) 789-6397 and e-mail: jawoche@yahoo.com



Stay Tuned for Shoba & Hiren Joshi's
Geetanjali Radio on AM 1320 KXYZ
every Saturday and Sunday
From 2PM-5PM.
Stream Live on ShobaJoshi.com
For Advertising Opportunities:
Cell: 832-878-4338 / 832-646-2116"